

ANNEX E: Equipment list, summer

Parallax recommend packing your gear for train as you fight, and this list should be for guidance. The items that are marked as “Yes” under the column “Required “must be brought to the training. For logistical reasons it is not required to bring all field and combat gear.

Clothing			
Item	Explanation	Amount	Required (Yes, no, recommended)
Combat uniform, pants	Uniform pants for field work	1 per person	Yes
Combat uniform, jacket/ shirt	Uniform jacket, combat shirt, blouse for field work	1 per person	Yes
Cold weather underwear	Temperatures may vary from + 20° to 0°C	1 per person	Yes
Gloves	For field work and for insulation.	1 per person	Yes
Boots	Wet marshland terrain and arid mountainous terrain. Gore-Tex and with ankle support recommended	1 per person	Yes
Foot overalls/ gaiters	To keep feet warm and dry.	1 per person	Recommended
Cold weather hat	Insulated hat for cold conditions.	1 per person	Yes
Cap	For sun protection	1 per person	Yes
Socks	Issued field socks.	Enough to last the training period. Washer/ dryer available at the camp	Yes
Underwear	Underwear	Enough to last the training period. Washer/ dryer	Yes

		available at the camp	
Insulation layer	Insulation layer between Gore-Tex and underlaying layer. Temperatures may vary from + 20° to 0°C	1 per person	Yes
T-shirt	T-shirt	For the duration of the training	Yes
Gore-Tex jacket	Water and windproof jacket for field conditions	1 per person	Yes
Gore-Tex pants	Water and windproof jacket for field conditions	1 per person	Yes
Buff/ Headover	To insulate neck and face area in cold conditions.	1 per person	Yes

Field equipment			
Item	Explanation	Amount	Required
Isomat	Isolating mat to use on shooting range	1 per person	No
Survival bag/ shelter	Individual insulated waterproof survival bag	1 per person	Yes
Canteen/ camelback	For water	1 per person	Yes
Knife	For field use	1 per person	Recommended
Multitool	For field use	1 per person	Recommended
Cup/ thermos	To bring hot beverages to the range	1 per person	Recommended
GPS	For navigation	1 per person	No
Compass	For navigation and measuring angles	1 per person	Recommended
Notebook and pen	For notetaking. "Rite in the rain" and pencil recommended.	1 per person	Yes

Personal protection gear			
Item	Explanation	Amount	Required
Eye protection	Ballistic protection eyeglasses.	1 per person	Yes
Ear protection	Noise canceling function recommended	1 per person	Yes

Sunglasses	To protect eyes from sun (the sun in the mountains can be strong)	1 per person	Yes
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Combat gear			
Item	Explanation	Amount	Required
Plate carrier/ equipment vest	Body armor or equipment vest with pouches	1 per person	No
Equipment belt	With IFAK, sidearm holster	1 per person	Yes
Combat Helmet	For NV devices and protection while driving ATV	1 per person	No
Bean bag	Support for weapon	1 per person	Yes
DOPE charts	Data of previous engagement for scope settings.	1 per person	Yes

Sensor systems			
Item	Explanation	Amount	Required
Binocular	Regular binoculars	1 in team	Yes
Range finder	Laser range finder	1 in team	Yes
Personal NV device	Night vision devices, mounted on helmet or facemask.	1 per person	No
Kestrel	Barometric device with wind impeller. Kestrel with AB function recommended.	1 in the team	Recommended
Thermal device	Multifunction binoculars, clip on devices for SWS.	1 in the team	Recommended
Spotting scope	Regular spotting scope with tripod.	1 in the team	Yes
NV for SWS	Clip on night vision device for SWS	1 in the team	Yes
NV, personal	Personal helmet or facemask mounted night vision devices.	1 per person	Recommended
MUAV	Micro unmanned arial vehicle, drone (all use of UAV must be coordinated with Parallax staff).	1 per person	No




Weapons			
Item	Explanation	Amount	Required
SWS, bolt operated	Bolt operated sniper weapon system	1 in the team	Yes
SWS, semi-automatic	Semi-automatic sniper weapon system	1 in the team	Yes
SWS, Anti-material	Anti material sniper weapon system (.50 Cal)	1 in the team	No
Assault rifle	Issued assault rifle or sub-machine gun.	1 per person	No
Sidearm	Pistol	1 per person	No
Dragbag/ weapon carrier backpack	Drag bag with shoulder straps or backpack designed to carry firearms.	1 per person	Yes

Ammunition			
Item	Explanation	Amount	Required
SWS, bolt operated	Ammunition for bolt operated sniper weapon system	230	
SWS, semi-automatic	Ammunition for semi-automatic sniper weapon system	400	
SWS, Anti-material	Ammunition for anti-material sniper weapon system	Participant can bring if desired	No
Assault rifle	Ammunition primary weapon system	Participant can bring if desired	No
Sidearm	Ammunition for pistol	Participant can bring if desired	No

Medical			
Item	Explanation	Amount	Required
Torniquet	To stop massive bleedings	1	Yes
IFAK	Individual first aid kit	1	Yes
Sun block	To avoid sunburn.	1 per person	Recommended

Communication			
Item	Explanation	Amount	Required
Field radio	For inter-team communication or	1	No

	platoon communication		
Sat Radio	For long range communication	1	No
IRRIDIUM Sat phone	For emergency communication	1	No

Items that can be purchased from Parallax on location (can be invoiced to the unit)		
Item	Description	Photo
Jerven Hunter, survival bag	Used by the Norwegian Armed Forces for decades. Insulated, 100% water and wind proof. Can be used as shelter, stretcher, tarp, reinforcing sleeping bag and camouflage. Highly recommended.	
Mittet foot-overalls	Used by the Norwegian Armed Forces for decades. New model with waterproof zipper in the front. Waterproof. Must be preordered	
Bean bags and firearm support	Various beanbags from Ballistae Solutions	

The nearby town VOSSVANGEN is the extreme sport capitol of Norway. There you can find several sport equipment and hardware stores where you can purchase clothing and equipment in case you forget something.